

ACPM 2018
The 18th Congress of the Asian College of Psychosomatic Medicine (ACPM)

[Beginning of New Life in the 4th Industrial Revolution](#)

Program in detail (Provisional)

Day 1 (Friday, 24 August 2018)

Time	Room 1 (Conference - B1)		Room 2 (Seminar – 2F, 207)		Room 3 (Workshop & Oral – 2F, 203)	
10:00~11:00	Lecture 1.	Organizer Moderator: Bong-Yul Huh (Bucheon Geriatric Medical Center, Korea)				
	History and Perspective of ACPM	Chiharu Kubo (Kyushu University, Japan)				
11:00~12:00	Plenary 1.	Organizer Moderator:				
	Disasters in Japan	Yoshiharu Kim (National Center of Neurology and Psychiatry, Japan)				
12:00~13:00	Lunch & Poster Presentation					
13:00~14:40	Topic : Trauma & Healing	Organizer Moderator: Jeong-Ho Chae (The Catholic University, Korea)	Topic : Mangement of Job stress in Psychosomatic Medicine	Organizer Moderator: Masahiro Hashizume (Toho University, Japan)	Oral Presentation 1 (13:00~14:00)	Organizer Moderator: Yu-Jin Paik (Hallym University, Korea)
	1. Korean Disaster Mental Health Guideline	Jong-Woo Paik (Kyunghee University, Korea)	1. The role of Occupational physician in Mental health, focusing on typical and atypical depression	Takeaki Takeuchi (Toho University, Japan)		
	2. Fear, distress and stigma Related with MERS Outbreak in South Korea	So Hee Lee (National Medical Center, Korea)	2. Menopause and the Workplace	Masakazu Terauchi (Tokyo Medical and Dental University, Japan)		
	3. PTSD Treatment and Fear Memory Extinction	Yoshiharu Kim (National Center of Neurology and Psychiatry, Japan)	3. Stress and Chronic Headache of Care worker	Aryong Choi-Hantke (Institute of Body and Mind, Korea)		
14:40-15:00	Coffee Break					
15:00-16:30	Topic : Psychosomatic Care in Primary Care	Organizer Moderator: Mikihiro Fukunaga (Kansai Medical University, Japan)	Lecture 2. Introduction for Korean Culture	Organizer Moderator: So Woo Lee (Professor Emeritus, Seoul National University, Korea)	Workshop 1 (15:00-16:40)	Organizer Moderator:
	1. Functional Somatic Syndrome	Akira Yamane (Kansai Medical University, Japan)	(15:00-16:00) Hidden Wonders of Korea	HyeKyung Song (Korean Spirit and Culture Promotion Project, Korea)	Mindfulness + Positive Psychology Training (MPPT) Program	Jung-Ho Kim (Duksung Women's University, Korea)
	2. Easy Understanding of Autonomic Nerve System	Sung-Bae Park (National Health Insurance Service Ilsan Hospital, Korea)				
	3. Psychotherapeutic approaches easy to apply to medically unexplained symptoms	Daisuke Ohta (St. Luke's International Hospital, Japan)				
16:30-17:30	Plenary 2.	Organizer Moderator: Byung Sung Kim (Kyung Hee University, Korea)				
	Gut Microbes Influence the Brain: How It Was Discovered and Where It's Going	Nobuyuki Sudo (Kyushu University, Japan)				
17:30-18:30	Welcome Reception					

Day 2 (Saturday, 25 August 2018)

Time	Room 1 (Conference)		Room 2 (Seminar – 2F, 207) <i>(in Korean)</i>		Room 3 (Workshop & Oral – 2F, 203)	
9:00~10:00	Plenary 3.	Organizer Moderator: Ho Cheol Shin (Sungkyunkwan University, Korea)				
	Healthcare in the 4th Industrial Revolution	Ju Han Kim (Seoul National University, Korea)				
10:00~10:20	Coffee Break					

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10:20~12:00	Topic : Stress & Disease I	Organizer Moderator: Byung Sung Kim (Kyung Hee University, Korea)	Topic : Support System for Mental Health in Korea	Organizer Moderator: Myoung-ho Hyun (Chung-Ang University, Korea)	Topic : Impact of functional gastrointestinal disorders in modern life	Organizer Moderator: Motoyori Kanazawa (Tohoku University, Japan)
	1. Stress & Cardiovascular Disease	JungJin Cho (Hallym University, Korea)	1. Community Based Psychological Supports Program in Korea	Woo Kyung Lee (Seoul Cyber University, Korea)	1. What is the best medical treatment for irritable bowel syndrome (IBS)? A cross-cultural comparison study between Japan and the US.	Motoyori Kanazawa (Tohoku University, Japan)
	2. Stress & Chronic Pain	Soo Hyun Park (Yonsei University, Korea)	2. Community Based Mental Healthcare Program in Korea	Jinju Kim (Kyungdong University, Korea)	2. The Relevant Varies of Physical Activity by Executing Exercise in IBS	Toyohiro Hamaguchi (Saitama Prefectural University, Japan)
			3. School Based Mental Health System in Korea	Hyun Ju Hong (Hallym University, Korea)	3. Effect of self-management on brain function and mental health in patients with irritable bowel syndrome 4. The Role of Cortisol Plasma Level in Functional Dyspepsia with Psychological Stress in Indonesia	Jun Tayama (Nagasaki University, Japan) Arina Widya Murni (Andalas University, Indonesia)
12:00~13:00	Lunch & Poster Presentation					
13:00~14:40	Topic : Stress & Addiction	Organizer Moderator: JungJin Cho (Hallym University, Korea)	Topic : Technology and Psychology	Organizer Moderator: Gwi Yeo Roo Ahn (Kangnam University, Korea)	Oral presentation 2	Organizer Moderator: Eon Sook Lee (Inje University, Korea)
	1. Smart Digital Society and Addiction	Hae-Kook Lee (Catholic University, Korea)	1. Technology and Psychology Review	Sung Man Bae (Dankook University, Korea)		
	2. Next Step Above Nicotine Addiction	Yu-Jin Paek (Hallym University, Korea)	2. Web Based Psychological Test	Young-Sam Koh (Tongmyong University, Korea)		
	3. Women and Addiction	Sungjae Kim (Seoul National University, Korea)	3. Web Based Psychotherapy	Sung Oh Jin (Empathy Psychological Clinic Institute of Empathy Psychiatry, Korea)		
14:40-15:00	Coffee Break					
15:00-16:30	Topic : Ecological Momentary Assessment Using IoT for the 4th Industrial Revolution	Organizer Moderator: Kazuhiro Yoshiuchi (The University of Tokyo, Japan)	Lecture 3. Stress & Disease II	Organizer Moderator: Kwang Ho Pyun (Catholic Medical College, Korea)	Oral Presentation 3	Organizer Moderator: Eunju Sung (Sungkyunkwan University, Korea)
	1. Applying IoT for Ecological Momentary Assessment in the Industrial Fields	Maiko Hiraide (The University of Tokyo, Japan)	Stress, sleep, and depression	Eun Lee (Yonsei University, Korea)		
	2. Development of Computerized Adaptive Tests for Mood States	Takesho Horie (The University of Tokyo Hospital, Japan)	Topic : A Novel Type E Personality	Organizer Moderator: Kwang Ho Pyun (Catholic Medical College, Korea)		
	3. Time-varying Associations between Everyday Affect and Physical Activity	Jinhyuk Kim (The Pennsylvania State University, USA)	1. Resilient to Stress: Proposed a Novel Type E Personality 2. Clinical Study of Type E Personality	Insop Shim (Kyung Hee University, Korea) Kyung Soo Kim (The Catholic University, Korea)		
16:30~17:30	Plenary 4. Biopsychosocial Model in the 4th Industrial Revolutions: Challenges and Possibilities	Organizer Moderator: Kyung Bong Koh (Professor Emeritus, Yonsei University, Korea) Hochang Benjamin Lee (Rochester University, USA)				
17:30-18:30	Gala Dinner					

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Day 3 (Sunday, 26 August 2018)

Time	Room 1 (Conference)		Room 2 (Seminar – 2F, 207)_(in Korean)		Room 3 (Workshop & Oral – 2F, 203)	
9:00~10:00	Plenary 5.	Organizer Moderator: Yun Jun Yang (Inje University, Korea)				
	Stress Vulnerability and Resilience	Kyung Bong Koh (Professor Emeritus, Yonsei University, Korea)				
10:00~10:20	Coffee Break					
10:20~12:00	Topic : Microbe-Gut-Brain Axis (MGBA) in Health and Disease	Organizer Moderator: Nobuyuki Sudo (Kyushu University, Japan)	Topic : Integrated Medical Approach for Stress Management	Organizer Moderator: Byung-Il Min (Kyung Hee University, Korea)	Workshop 2	Organizer Moderator: KuemSun Han (Korea University, Korea)
	1. Possible Role of Gut Microbiota in Pathology of Anorexia Nervosa	Tomokazu Hata (Kyushu University, Japan)	1. Mind-body Intervention for Stress Management	Jong-Woo Kim (Kyung Hee University, Korea)		
	2. Influence of Gut Microbiota on Behaviors and Mental Status Early in Life	Katsunaka Mikami (Tokai University, Japan)	2. Medicinal Herb for Stress Management	Jung-hwa Lim (Pusan National University, Korea)		
	3. The Role of MGBA in the Management of Functional Gastrointestinal Disorders	Young Woo Ahn (Bitsam Family Practice, Korea)	3. Acupuncture for Stress Management	Joo-Hee Kim (Sangji University, Korea)	Dialectical Behaviour Therapy	Jungeun Lee (Minerva Schools of KGI)
12:00~13:00	Lunch					
13:00~14:40	Topic : Development of the Measurement Tools of Personal Cognitive Features from the View Point of Yoga Therapy	Organizer Moderator: Takakazu OKA (International University of Health and Welfare, Japan)	Topic : Stress Management in New Era	Organizer Moderator: Jung Hee Ae (Gimcheon University, Korea)	Oral Presentation 4 (13:00~14:00)	Organizer Moderator: Kyung Hyun Suh (Sahmyook University, Korea)
	1. Development of the Measurement Tools of Personal Cognitive Features from the View Point of Yoga Therapy	Minoru KAMATA (Kurokawa Internal Medicine Clinic, Japan)	1. Genomic Medicine and Clinical Application in Era of 4th Industrial Revolution	Kyong-Chol Kim (Theragen Etex Bio Institute, Korea)		
	2. The Development of the Yoga Therapy Assessment Scale of Spirituality and Clarification of Factor Structure	Koichiro AOKI (Toyo University, Japan)	2. Understanding and Clinical Application of Organic acid Analysis	Yon Chul Park (Yonsei University Wonju College of Medicine, Korea)		
	3. Developing a Questionnaire for Alexicosmia for Yoga Therapy Assessment	Aiko NAKATA (Toyo University, Japan)	3. Neurotransmitter Regulators for Improving Mood Disorder	Sat Byul Park (Ajou University, Korea)		
	4. The Process of Development of a Questionnaire for Evaluating Psychological Dosha	Shin MURAKAMI (Tsukuba University, Japan)				
	5. Observations on the Cognitive Characteristics of People Who Choose to Practice Yoga Therapy	Yukiko KEZUKA (Toyo University, Japan)				
14:40~15:00	Closing Ceremony / Scientific Award					